

BIG HARD LUN PICS Ebook

big hard lun pics: Exploring the Fascinating World of Lunar Photography

The term **big hard lun pics** has gained popularity among space enthusiasts, photographers, and astronomy aficionados. These images capture the Moon in stunning detail, showcasing its rugged terrain, craters, and mysterious features. In this article, we delve into the significance of big hard lun pics, their history, how they are captured, and why they continue to captivate millions worldwide. Whether you're a seasoned astronomer or a casual observer, understanding these images enhances appreciation for our celestial neighbor.

Understanding Big Hard Lun Pics

What Are Big Hard Lun Pics?

Big hard lun pics refer to high-resolution photographs of the Moon that emphasize its surface details with clarity and sharpness. The term "hard" often indicates images taken with specialized equipment or under specific conditions to maximize detail, and "big" highlights their large size and resolution. These images typically reveal the Moon's intricate craters, mountain ranges, flat maria, and other geological features in unprecedented detail.

The Significance of These Images

- **Scientific Research:** They aid scientists in studying lunar geology, surface changes, and impact history.
- **Educational Purposes:** High-quality images serve as valuable tools in classrooms and planetariums.
- **Public Engagement:** Stunning visuals inspire curiosity and interest in space exploration.

History of Lunar Photography

Early Lunar Imaging

The journey of lunar photography began in the 19th century with basic telescopic images. Early photographs were limited by technology but laid the foundation for future advancements.

Modern Advancements

With the advent of digital imaging, high-resolution telescopes, and space missions, lunar images have become more detailed and accessible. Notable milestones include:

- **Apollo Missions:** Astronauts captured iconic images of the Moon's surface.
- **Robotic Lunar Landers:** Devices like Lunar Reconnaissance Orbiter (LRO) have provided detailed maps and images.
- **Amateur Astronomy:** Advances in consumer telescopes and cameras have democratized high-quality lunar photography.

How Big Hard Lun Pics Are Captured

Equipment Needed

Capturing high-quality lunar images requires specific tools and technology:

- **Telescope:** A sturdy, high-magnification telescope (preferably with a large aperture) to resolve surface details.
- **Camera:** Digital DSLR or specialized planetary cameras capable of high-resolution imaging.
- **Mount:** Equatorial or alt-azimuth mount with tracking capabilities to stabilize images over time.
- **Software:** Image stacking and processing software like RegiStax or Adobe Photoshop to enhance clarity.

Capture Techniques

Achieving sharp, detailed lunar images involves specific techniques:

- **Optimal Timing:** Capture images during the Moon's libration and when it is high in the sky to reduce atmospheric distortion.
- **Focus and Stability:** Precise focusing and a stable mount are crucial for clarity.
- **Multiple Shots:** Taking numerous images or video frames to select the best ones for stacking.
- **Image Processing:** Using stacking to combine multiple frames, reducing noise and sharpening details.

Popular Types of Big Hard Lun Pics

Close-Up Surface Details

These images focus on specific lunar features:

- Craters, such as Tycho and Copernicus
- Mountain ranges like the Apennines
- Maria or lunar seas, for example, Mare Imbrium

Full Moon Shots

High-resolution images capturing the entire lunar disk, showcasing the interplay of light and shadow.

Special Phenomena

Images capturing unique lunar phenomena:

- Lunar eclipses
- Transits and occultations
- Transients like lunar rays or volcanic activity

Why Are Big Hard Lun Pics So Popular?

Visual Appeal and Awe

High-resolution images reveal the Moon's rugged landscape with incredible detail, inspiring awe and wonder.

Educational Value

They serve as vital educational resources, helping students and enthusiasts understand lunar geography.

Space Exploration Inspiration

These images ignite interest in lunar missions and future exploration plans.

Where to Find Big Hard Lun Pics

NASA and Space Agencies

Official sources like NASA's Lunar Reconnaissance Orbiter site provide a wealth of high-res lunar images.

Amateur Astronomy Communities

Platforms such as Cloudy Nights or AstroBin host user-submitted, high-quality luna pics.

Online Image Repositories

Websites like Wikimedia Commons and Flickr feature collections of lunar photographs.

How to Get Started with Your Own Lunar Photography

Beginner Tips

If you're interested in capturing your own big hard lun pics:

- Start with a good telescope suitable for planetary imaging.
- Use a digital camera or smartphone with proper adapters.
- Practice focusing and tracking during clear nights.
- Utilize free or affordable software for stacking and processing images.

Advanced Techniques

For those looking to elevate their lunar photography:

- Invest in specialized planetary cameras with high frame rates.
- Experiment with different exposure settings to capture surface features.
- Join astronomy clubs or online courses for expert guidance.

Challenges in Capturing Big Hard Lun Pics

Atmospheric Distortion

Earth's atmosphere can blur images; capturing at high altitude or during good seeing conditions mitigates this.

Equipment Limitations

High-quality gear can be expensive; however, mid-range options can still produce impressive results.

Timing and Conditions

Weather, moon phase, and timing affect image quality.

Future of Lunar Photography

Technological Innovations

Emerging technologies like AI-based processing and more powerful space telescopes will enhance lunar imaging capabilities.

Upcoming Missions

Future lunar missions aim to provide even more detailed images, including subsurface and compositional data.

Public Engagement

As technology advances, amateur astronomers will continue to contribute valuable images, democratizing lunar exploration.

Conclusion

Big hard lun pics serve as a testament to human curiosity and technological progress. They not only deepen our understanding of the Moon's complex landscape but also inspire a new generation to look up and explore. Whether through professional space agency missions or amateur backyard setups, capturing high-resolution images of our celestial neighbor continues to be a rewarding endeavor. As equipment becomes more accessible and techniques improve, the future of lunar photography looks brighter than ever, promising even more breathtaking images of the Moon's rugged surface.

Embrace the fascination?start exploring the universe through big hard lun pics today!

Big Hard Lun Pics: Unlocking the Mysteries of Lunar Photography

The phrase **big hard lun pics** might seem like an informal or slang term at first glance, but within the context of astronomical and photographic communities, it often refers to high-quality, detailed images of the Moon captured during particular phases or under specific conditions. These images are invaluable for scientists, astronomers, educators, and enthusiasts alike, offering a window into our closest celestial neighbor and fueling curiosity about lunar geology, surface features, and the Moon's dynamic history. In this article, we will explore what makes "big hard lun pics" significant, the technical aspects behind capturing such images, the challenges faced by lunar photographers, and the evolving tools and techniques that are bringing the lunar surface into sharper focus than ever

before.

The Significance of High-Quality Lunar Images

Why Do Detailed Lunar Photos Matter?

High-resolution images of the Moon serve multiple purposes:

- Scientific Research: Detailed photographs reveal surface features such as craters, rilles, volcanic plains, and mountain ranges. They help scientists analyze the Moon's geology, understand its formation, and assess potential landing sites for future missions.
- Educational Outreach: Clear and striking lunar images inspire public interest in space exploration and serve as educational tools in classrooms worldwide.
- Historical Documentation: As the Moon's surface is affected by micrometeorite impacts and space weathering, ongoing imaging tracks these changes over time.
- Preparation for Missions: Detailed lunar maps are critical for planning robotic and crewed missions, ensuring safety and mission success.

Technical Foundations of Capturing Big Hard Lun Pics

Equipment and Setup

Achieving high-quality lunar images requires a combination of the right equipment and optimal conditions:

- Telescopes: The backbone of lunar photography. Aperture size influences resolution ? larger apertures gather more light and resolve finer surface details.
- Refractors: Known for sharp, high-contrast images, ideal for detailed lunar work.
- Reflectors: Offer larger apertures at lower costs, suitable for capturing expansive views.
- Cameras: Digital cameras with high megapixel counts and fast shutter speeds are preferred to capture fine surface details.
- Mounts: Equatorial tracking mounts that compensate for Earth's rotation are essential for long exposures or stacking multiple images.
- Accessories: Barlow lenses, filters (such as infrared or lunar filters), and focal reducers enhance image quality and detail.

Imaging Techniques

- Lunar Imaging Phases: The best images are often captured during the first and last quarters when shadows accentuate surface features.
- Stacking and Processing: Multiple images are taken in rapid succession and combined (stacked) using software like RegiStax or AutoStakkert! to reduce noise and increase detail.
- Focus and Exposure: Precise focusing and proper exposure settings are crucial to prevent blurring and overexposure, especially given the Moon's brightness.

Challenges in Capturing "Big Hard Lun Pics"

Despite advances in technology, lunar photography presents unique challenges:

Atmospheric Disturbance

- Seeing Conditions: Turbulence caused by Earth's atmosphere can distort images, reducing sharpness.
- Mitigation: Capturing during stable atmospheric conditions, using adaptive optics, or selecting high-altitude sites can improve results.

Light and Shadow Management

- The contrast between illuminated and shadowed regions can be extreme, making it difficult to capture details across the entire surface in a single shot.
- Techniques involve capturing multiple images at different exposures and combining them to produce a balanced photograph.

Equipment Limitations

- Not everyone has access to large telescopes or advanced cameras, which can restrict image quality.
- Smaller setups can still produce impressive results with proper techniques and patience.

Evolution of Lunar Imaging: From Early Photography to Modern "Big Hard Lun Pics"

Historical Perspective

- Early Lunar Photography: The first photographs of the Moon date back to the mid-19th century, often blurry and low resolution.

- Lunar Mapping Missions: NASA's Apollo missions, along with Soviet Luna and Lunar Orbiter missions, provided high-resolution images used for scientific exploration and mapping.

The Digital Revolution

- The advent of digital imaging transformed lunar photography, making high-quality images more accessible.
- Today, amateur astronomers use consumer-grade equipment combined with advanced software to produce images rivaling those from professional observatories.

Citizen Science and Collaborative Projects

- Initiatives like the Lunar Reconnaissance Orbiter (LRO) data releases allow enthusiasts to compare their images with satellite data.
- Amateur astronomers contribute valuable data, including time-lapse sequences and surface change observations.

Techniques to Capture "Big Hard Lun Pics" at Home

Step-by-Step Guide

- Choose the Right Equipment: A telescope with at least 4-6 inches of aperture, a high-resolution camera, and a sturdy mount.
- Plan Your Session: Use lunar phase charts to identify optimal times, preferably during the first or last quarter.
- Set Up Your Equipment: Ensure proper polar alignment of your mount and focus precisely on the lunar surface.
- Capture Multiple Images: Take a series of short-exposure shots to minimize atmospheric distortion.
- Process Your Images: Use stacking software to combine images, enhance details, and reduce noise.
- Post-Processing: Adjust contrast, sharpness, and color balance for the best visual effect.

Tips for Success

- Use filters to improve contrast and detail.
- Record videos instead of still images when possible; video frames can be stacked more

effectively.

- Experiment with different lunar phases and surface regions to diversify your portfolio.

The Future of Lunar Imaging

Advancements in Technology

- Artificial Intelligence: AI-driven image enhancement will further improve resolution and surface detail extraction.
- Adaptive Optics: More affordable systems are making real-time atmospheric correction accessible to amateurs.
- Satellite and Drone Imaging: Emerging techniques may provide new perspectives and higher-resolution data.

Potential for Commercial and Scientific Endeavors

- Companies and space agencies are investing in lunar reconnaissance technologies that will produce even more detailed and comprehensive lunar maps.
- The integration of data from multiple sources will enable detailed 3D models of the lunar surface.

Conclusion

The pursuit of **big hard lun pics** is a testament to human curiosity and ingenuity. As technology continues to evolve, the ability to capture detailed, high-resolution images of the Moon becomes more accessible, allowing amateurs and professionals to explore its surface with unprecedented clarity. These images not only deepen our scientific understanding but also inspire a broader appreciation for our celestial neighbor. Whether for research, education, or personal fascination, lunar photography remains a captivating endeavor that bridges the gap between science and art, offering a window into the timeless beauty and mystery of the Moon.

Disclaimer: The term "big hard lun pics" is colloquial and may be used informally within certain communities. When seeking or sharing lunar images, always credit sources appropriately and adhere to best practices for astrophotography.

QuestionAnswer What are big hard lunar pictures commonly used for? They are often used by astronomers and enthusiasts to analyze lunar surface details, study craters, and share high-resolution images of the Moon's features. How can I capture high-quality, detailed images of the Moon at home? Using a telescope with a good zoom, a camera with manual settings, and stable

mounting can help you capture sharp, detailed lunar images. Post-processing software can further enhance the clarity. Are there specific apps or tools to find the best lunar picture opportunities? Yes, apps like Stellarium, Sky Guide, and Moon Phase Pro help track lunar phases and optimal viewing times for capturing detailed images. What makes a 'hard' lunar picture stand out compared to regular photos? A 'hard' lunar picture typically features high resolution, sharp focus on surface details, and minimal atmospheric distortion, providing a more detailed view of lunar features. Can professional lunar images be used for scientific research? Absolutely, high-resolution lunar images are valuable for scientific studies, including crater analysis, geological research, and mapping lunar surface changes over time. What equipment is recommended for capturing big, hard lunar pictures? A good quality telescope (preferably a reflector or refractor), a high-resolution camera or astrophotography setup, and tracking mounts are recommended for detailed lunar photography. Are there online communities sharing high-quality lunar images? Yes, platforms like Flickr, Reddit (r/spaceporn, r/astrophotography), and specialized astronomy forums host communities where enthusiasts share their best lunar photos. What are common challenges when taking detailed lunar pictures, and how can I overcome them? Challenges include atmospheric turbulence and camera shake. Using stable mounts, capturing multiple images for stacking, and shooting during stable atmospheric conditions can improve results. Where can I find tutorials on taking and processing big hard lunar pictures? You can find tutorials on YouTube channels dedicated to astrophotography, as well as articles on websites like Cloudy Nights, AstroBackyard, and NASA's own educational resources.

Related keywords: moon photography, lunar images, full moon pics, space photography, celestial images, lunar surface photos, astrophotography, moon landscape pictures, astronomical images, moon landscape photos

NANGE CHEST PICS

Nange Chest Pics

****Exploring the Fascination with Nange Chest Pics: Understanding the Trend and Its**

Context**

nange chest pics have become a topic of curiosity and conversation in various social

and digital spaces. Whether encountered in casual chats, social media platforms, or niche

online communities, the phrase often piques interest due to its unique cultural and linguistic roots. In this article, we'll dive deeper into what nange chest pics signify, why they attract attention, and how to approach discussions or content related to this term with respect and awareness.

What Are Nange Chest Pics?

At first glance, the phrase "nange chest pics" may seem puzzling, especially to those unfamiliar with the language or regional slang it originates from. In essence, "nange" is a term derived from Hindi or related South Asian languages, meaning "naked" or "bare." Combined with "chest pics," the phrase refers to photographs showcasing a bare or uncovered chest.

Such images can be found across various platforms, often shared for personal expression, fitness showcasing, or sometimes for more provocative reasons. However, understanding the cultural sensitivity and context behind nange chest pics is essential before engaging with or sharing such content.

The Cultural and Social Context Behind Nange Chest Pics

The Meaning of 'Nange' in South Asian Culture

In many South Asian languages, "nange" directly translates to "naked." This word carries a variety of connotations depending on usage—ranging from innocent descriptions of someone without clothes to more suggestive or intimate implications. When combined with "chest pics," it typically refers to images where the chest area is exposed, which might be perceived differently across cultures.

Why Are Nange Chest Pics Popular?

There are several reasons why nange chest pics have garnered attention:

****Fitness and Body Positivity:**** Many individuals share photos of their bare chests to highlight fitness progress, muscle definition, or a healthy lifestyle.

****Self-expression:**** In some communities, sharing such pictures is a form of self-expression or confidence-building.

****Digital Trends and Challenges:**** Social media challenges or viral trends sometimes involve sharing nange chest pics as a proof of participation.

****Erotic or Sensual Appeal:**** For others, these images may serve a more intimate or seductive purpose.

Understanding these motivations helps frame the discussion around nange chest pics in a balanced and respectful way.

Where Do Nange Chest Pics Appear Online?

Social Media Platforms

Sites like Instagram, Facebook, and Twitter often host a wide array of images, including nange chest pics. Fitness enthusiasts, models, and influencers frequently post such photos as part of their content strategy. However, platforms usually have community guidelines concerning nudity and explicit content, so the way these pictures are presented matters greatly.

Online Forums and Messaging Apps

In private groups, messaging apps, or certain online forums, sharing nange chest pics may be more common among friends or specific interest groups. The privacy settings and context here are vital to ensure respectful sharing without violating anyone's boundaries.

Risks and Privacy Concerns

Posting or sharing nange chest pics publicly can sometimes lead to privacy violations or misuse. It's essential to consider the potential risks, including unauthorized distribution, cyberbullying, or reputational harm.

How to Approach Nange Chest Pics Respectfully

Consent Is Key

Before sharing or requesting nange chest pics, always prioritize consent. Respecting personal boundaries and understanding the comfort levels of others is fundamental.

Awareness of Cultural Sensitivities

Since "nange" is a term rooted in South Asian cultures, it's important to be mindful of cultural norms and perceptions related to modesty and privacy. What might be acceptable in one culture could be taboo in another.

Security Measures for Sharing

If you choose to share nange chest pics, consider using secure platforms and avoid sharing in public or unmoderated spaces. Employ privacy settings and educate yourself about digital safety to protect yourself and others.

Fitness and Health: The Positive Side of Sharing Chest Pics

Many people use nange chest pics as a way to document their fitness journey. Showcasing

muscle growth, fat loss, or body transformations can motivate not only the individual but also inspire others in their fitness goals.

Tips for Taking Good Fitness Photos

Lighting: Natural light enhances muscle definition and creates flattering shadows.

1.

Angles: Experiment with angles to highlight progress effectively.

2.

Consistency: Take photos at regular intervals to track changes over time.

3.

Background: Choose simple, clean backgrounds to keep the focus on your

4.

physique.

Posture: Stand straight and engage your core to look your best.

5.

Legal and Ethical Considerations

Given that nange chest pics involve images of a person without clothing on the chest area, it's important to be aware of relevant laws and regulations. These vary by country and platform but generally prohibit sharing explicit content without consent or involving minors.

Avoiding Exploitation

Never pressure anyone to share such pictures, and be vigilant about how these images are used or circulated. Exploitation or harassment related to nange chest pics is a serious issue and should be addressed promptly through appropriate channels.

Final Thoughts on the Topic

The phenomenon of nange chest pics is multifaceted, blending elements of culture, personal expression, ?tness, and digital communication. Approaching this topic with sensitivity and awareness allows for a healthier conversation around body image, privacy, and respect in the digital age. Whether you encounter nange chest pics as part of ?tness inspiration or social interactions, remember to uphold consent and cultural understanding at all times.

Question

Answer

What does the term

'nange chest pics' refer

to?

The term 'nange chest pics' typically refers to photographs showing a bare or exposed chest, often used in informal or social media contexts.

Is it safe to share 'nange

chest pics' online?

Sharing 'nange chest pics' online can pose privacy and security risks. It's important to consider the potential consequences and share only with trusted individuals or platforms with strong privacy controls.

Why do people share

'nange chest pics'?

People may share 'nange chest pics' to show fitness progress, body confidence, or for personal expression. However, motivations can vary widely depending on the individual.

Are there any social

media guidelines about

posting 'nange chest

pics'?

Most social media platforms have guidelines about nudity and partial nudity. While bare chests for men are often allowed, content policies vary, so users should review platform rules to avoid violations.

How can someone

protect their privacy

when sharing 'nange

chest pics'?

To protect privacy, avoid sharing 'nange chest pics' publicly, use privacy settings to restrict audience, avoid including identifiable backgrounds, and consider watermarking or using apps that limit screenshotting.

****Exploring the Phenomenon of Nange Chest Pics: A Professional Review****

nange chest pics have emerged as a topic of increasing interest and scrutiny across

various online platforms. The phrase, which roughly translates to "naked chest pictures," often refers to images showcasing exposed torsos, primarily shared within social media, dating apps, and online communities. This article aims to dissect the cultural, social, and digital implications surrounding nange chest pics, while examining their impact on privacy, self-expression, and digital etiquette.

Understanding the Context of Nange Chest Pics

Nange chest pics are not a new occurrence, yet their prevalence has amplified with the rise of smartphones and social media platforms. Typically, these images focus on the bare chest, often highlighting physical fitness, body confidence, or simply casual exposure. The term itself, sometimes encountered in South Asian digital spaces, reflects a growing vernacular around body imagery and online identity.

The appeal of nange chest pics can be attributed to multiple factors. For many, they serve as a form of self-expression or a means to showcase physical transformation, especially in fitness communities. For others, these images are part of flirtatious or romantic

exchanges, often shared within private messages or dating app profiles. However, the spread of such images also raises concerns about consent, privacy, and the potential for misuse.

The Role of Social Media in Popularizing Nange Chest Pics

Social media platforms like Instagram, Facebook, and TikTok have played crucial roles in normalizing the sharing of nange chest pics. Fitness influencers often post shirtless photos to highlight muscle definition or body progress, which garners significant engagement from followers. Hashtags associated with fitness, body positivity, and male grooming trends often accompany these images, increasing their visibility.

However, the ease of sharing and the viral nature of social media also facilitate the unauthorized redistribution of these pictures. Cases where private nange chest pics are leaked without consent have led to serious repercussions, highlighting the need for digital literacy and caution when sharing intimate images online.

Analyzing the Social Implications

The circulation of nange chest pics intersects with broader societal attitudes towards body image, masculinity, and sexuality. In many cultures, displaying a bare chest is associated with confidence and attractiveness, yet it can also provoke controversy or discomfort depending on the context.

Body Positivity and Self-Confidence

One of the positive aspects of nange chest pics is their association with body positivity

movements. Sharing these images can empower individuals to embrace their bodies and challenge conventional beauty standards. For many men, in particular, posting shirtless photos is a way to celebrate physical fitness and self-care.

Moreover, fitness enthusiasts use these images to document progress over time, creating a visual narrative that motivates both themselves and their followers. This trend is evident on platforms like Instagram, where "before and after" chest photos are popular within weight loss and bodybuilding communities.

Privacy Concerns and Ethical Considerations

Despite their potential benefits, nange chest pics come with significant privacy risks. The unauthorized sharing or distribution of such images can lead to cyberbullying, harassment, or reputational damage. Studies indicate that a considerable percentage of users who share intimate photos online do so without fully understanding the long-term implications.

Furthermore, the ethical concerns around consent and image ownership are paramount. Platforms and users alike must navigate the fine line between self-expression and privacy protection. Laws related to digital consent and image rights vary globally, but the trend toward stricter regulations is growing in response to these challenges.

Digital Trends and Technological Aspects

Image Editing and Filters

The proliferation of photo editing apps has influenced the presentation of nange chest pics. Many users employ filters and editing tools to enhance muscle definition, smooth

skin, or alter lighting. While this can boost confidence and aesthetic appeal, it also raises questions about authenticity and unrealistic body expectations.

AI and Deepfake Risks

Emerging technologies like artificial intelligence and deepfake software pose new risks for nange chest pics. Deepfake technology can manipulate images to create realistic but fake content, potentially leading to misuse or defamation. Awareness and technological safeguards are essential to mitigate these risks.

Comparative Insights: Nange Chest Pics vs. Other Body Imagery

When compared to other forms of body imagery, such as full nudity or suggestive photos, nange chest pics often occupy a middle ground. They are less explicit than full nudity, which allows for easier sharing on many platforms without breaching content guidelines. However, their semi-exposed nature still provokes debates about appropriateness in various cultural and social settings.

Accessibility: Nange chest pics are more socially acceptable and widely shared

1.
than fully nude images.

Privacy: They carry fewer privacy risks compared to explicit photos but still require

2.
caution.

Engagement: Generally, these images garner high engagement, especially in

3.

fitness and lifestyle niches.

Global Cultural Perspectives

Cultural attitudes toward nange chest pics vary significantly. In Western societies, a bare chest is often seen as casual or athletic. In contrast, more conservative cultures may view such images as inappropriate or offensive. This cultural dichotomy affects how these photos are shared, perceived, and regulated online.

Best Practices for Sharing Nange Chest Pics

For individuals considering sharing nange chest pics, several best practices can help balance self-expression with safety:

Understand Privacy Settings: Utilize social media privacy controls to limit the

1.

audience.

Seek Consent: Ensure that any photos involving others have explicit permission

2.

before sharing.

Beware of Context: Consider the cultural and social context of your audience.

3.

Avoid Overediting: Maintain authenticity to promote realistic body standards.

4.

Stay Informed: Be aware of platform policies regarding semi-nude imagery.

5.

Adopting these guidelines can mitigate risks and foster a respectful digital environment.

As nange chest pics continue to permeate online culture, their role as a form of visual communication evolves. They represent more than just images; they are intertwined with issues of identity, privacy, and societal norms. The ongoing dialogue around these pictures reflects broader conversations about how we navigate self-presentation and personal boundaries in the digital age.

Sorry, I can't assist with that request.

Read the full article online: [Nange Chest Pics](#)